

## ***Rio Rancho Area Mental Health Services***

11/4/09

The following is a partial list of mental health providers in the Rio Rancho area.

When someone with private insurance is seeking assistance, it is recommended that the person first contact the primary care physician to be sure that the process is followed for the insurance policy to be in effect. Most health care policies include some mental health services. If not eligible under insurance or Medicaid, many of these agencies provide contracted funds for those potential clients who need assistance with payment. The client/family must qualify for these funds.

**ALBUQUERQUE RAPE CRISIS CENTER**  
266-7711

**Services: Anything related to sexual assault including information, advocacy, supports**  
**Fees: N/A**

**ASAP (Addictions & Substance Abuse Programs) UNMHC Programs for Children**  
925-2400

**Services: 12 week outpatient program, parent group, medical services**

**CHILDREN'S GRIEF CENTER**  
Jessica Daly or Jade Bock  
505-323-0478  
[jessica.daly@childrengrief.org](mailto:jessica.daly@childrengrief.org)

**Services: group counseling for children and families. Rio Rancho is offering sessions at Maggie Cordova elementary School on Thursday evenings beginning 11/30/09 (next orientation scheduled). Group(s) meet from 6:30-7:30 p.m. (1500 Veranda Rd SE, Rio Rancho). Potential participants must call in advance to reserve space for the program.**

**CRIME VICTIMS ASSISTANCE**  
891-5927  
500 Quantum Rd  
Rio Rancho

**Services: Provides support services for victims of crimes**  
**Fees: N/A**

**\*\*Desert Hills Residential Treatment Center**  
836-7330

**Residential treatment; day treatment program (includes academic supports), other mental health services.**

**Haven House**  
896-4869

**Crisis shelter for families: parent and children. Referrals, supports for victims of domestic violence.**

**LA BUENA VIDA**  
867-2383  
528 by the Sandoval Courthouse  
Rio Rancho  
(office also located in Bernalillo)

**Services: Mental health counseling, substance abuse counseling, art therapy, case management, parent education. Special groups include adolescent offenders, DWI, women's therapy and men's issues.**  
**Fees: Sliding scale, Medicaid, insurance**

**MESILLA VALLEY RESIDENTIAL TREATMENT CENTER (intake only).**

**This resource provides in-patient counseling in Las Cruces! This office provides intakes to determine eligibility.**

**\*NEW DAY YOUTH & FAMILYS SERVICES** Services: Counseling services and case management services are provided at office, homes, and most secondary schools in RRPS.  
892-4646 or 892-4206  
1424 Deborah Rd. SE Suite 205  
Rio Rancho [www.ndnm.org](http://www.ndnm.org)  
Shelter Facility  
938-1060  
2820 Ridgecrest SE, RR 87108  
Services include counseling, Safe Place (adolescent shelter), RAC (Juvenile Justice risk assessment)  
Fees: Accepts Medicaid and insurance, sliding scale

**\*RIO RANCHO FAMILY HEALTH CENTER** Services: Medical services, diagnostic and treatment services, mental health services including (PMS – Presbyterian Medical Services – Not associated with Presbyterian Healthcare system) counseling, psychiatric consultation, psychological rehabilitation, crisis intervention, 24 hr. crisis line  
896-2383  
184 Unser Blvd  
Rio Rancho  
[www.pms-healthierstae.org](http://www.pms-healthierstae.org)  
Fees: Sliding scale - Serves low to moderate-income families who are uninsured or under-insure

**\*Sandoval County Day Reporting Center** Alternative school placement and supports for teens who have long-term suspension and/or probation officers.  
Under auspices of YDI (Youth Development, Inc.)  
4311 Sara Road, Suite 106  
Rio Rancho  
907-6728

**\*SOUTHWEST FAMILY GUIDANCE CENTER and INSTITUTE** 830-1871 OR Services: Specialty is working with families by providing a variety of therapy, case management services to individuals, children, teens, couples and families.  
Alameda & Coors (by Flying Star)  
Corrales  
Bilingual therapists  
Fees: Sliding scale, Medicaid, insurance

**\*TEAMBUILDERS Counseling Services.** 925-2400, 994-9178  
Outpatient program, parent group, medical services, individual and family counseling, Behavior Management Specialist services, other.

**YDI (Youth Development Inc.)** Counseling and support services provided for high-risk populations, teens with probation. Associated with the Youth Reporting Center.  
Juvenile Community Corrections  
4311 Sara Road, Suite 106  
Rio Rancho  
896-1310

Note: \* indicates that the agency is approved for care providers to work in schools that have agreements to see students who are clients.